

ecsheadstart.org

About Us

We provide high-quality preschool, early childhood education, and wraparound services at no cost to eligible children from birth to age five, pregnant women, and their families.

Who is Eligible?

- 🌠 CalFresh/SNAP Recipients
- CalWORKs/TANF Recipients
- SSI Recipients
- Foster/Kinship Families
- **Families Experiencing Homelessness**
- Low-Income Families

Our Services



Wraparound Services

Wraparound services cover family engagement, parenting education, child developmental screenings, behavioral health, referrals, and more.



In-Person & Home-Based Learning

Learning options available through in-person classroom environments or weekly home-based visits with a home-based visitor.



Free Meals Provided

Healthy, balanced meals and snacks that promote wellness, enhance development, and provides nutritional needs.



Scan and Apply!



is a federally funded program under Neighborhood House Association. ECS is an equal opportunity provider. Start does not provide transportation to and from school. For bus, trolley routes, and schedules visit, https://sdmts.com or call MTS at 619-233-3004 for information transportation trip planning.

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ECS Head Start Locations

Imperial Beach

Hammond Head Start

Lic # 376600763/535 455 Palm Avenue, Imperial Beach CA 91932 (619) 575-4448

VIP Village Head Start

(Collaborative SBUSD) Lic # 370806459

1001 Fern Avenue, Imperial Beach CA 91932 (619) 628-8690 EXT 88697

San Ysidro

Nicoloff Head Start (Collaborative SBUSD) Lic # 376700719

1777 Howard Avenue, San Ysidro CA 92173 (619) 428-7084

San Ysidro Head Start

249 Willow Road, San Ysidro CA 92173 (619) 428-6614

San Ysidro CDC Head Start

(Collaborative SYSD) Lic # 370806419 1880 Smythe Avenue, San Ysidro CA 92173 (619) 428-2352

Sunset Head Start

(Collaborative SYSD) Lic # 37080641 3825 Sunset Lane, San Ysidro CA 92173 (619) 428-2352 EXT. 3675

Chula Vista

4th and D Lic # 376700787 385 4th Avenue, Chula Vista CA 91911 (619) 591-9136

Castle Park Head Start

Lic # 376600867/898 1375 Third Avenue, Chula Vista CA 91911 (619) 409-4200

Palomar Head Start

Lic # 376700915 1320 4th Avenue, Chula Vista CA 91911 (619) 427-6092

St. Johns Head Start

Lic # 370806419 760 1st Avenue, Chula Vista CA 91910 (619) 869-8983

San Diego

Montgomery Head Start Lic #376600887/888

3240 Palm Avenue, San Diego CA 92154 (619) 424-4027

Reo Head Start

Lic # 376701161 2602 Reo Drive, San Diego CA 92139 (619) 434-3709

Zamorano Head Start

Lic # 376700462 7375 Tooma Street, San Diego CA 92139 (619) 434-5780

Victoria Head Start

1665 Precision Park Lane Suite A San Diego, CA 92173 (619) 934-4899

National City

Boys & Girls Head Start

Lic # 376701117 1430 D Avenue, National City CA 91950 (619) 292-2550

Highland Head Start

Lic # 376600251 2605 Highland Avenue, National City CA 91950 (619) 477-8083

Harbison Head Start

Lic # 376600375/413 1540 S. Harbison Avenue, National City CA 91950 (619) 475-1765

St. Matthews

521 E. 8th Street National City, CA 91950 (619) 512-9886

Other Programs

Early Head Start Home Based

310 Suite A2 Third Avenue Chula Vista, CA 91910 (619) 796-7895

Head Start Home Based

310 Suite A1 Third Avenue Chula Vista, CA 91910 (619) 796-7296

What do I need?

Child's proof of age (birth certificate, court documents, foster documents etc.)
Proof of income (Select from the following)

- Proof of CalFresh/SNAP (EBT), CalWORKs/TANF, or SSI
- Unemployment documents
- Self declarations available for informal employment
- 30 days of consecutive check stubs
- Previous years' taxes or W-2s
- 🎸 Immunization records

🎸 Individual Education Plan (IEP) or Individualized Family Service Plan (IFSP) *if applicable