

Southbay Resources

Food Distribution Sites

Rock Church- Chula Vista

2015 Birch Rd. Chula Vista, 91915

4th Thursday of the month 10am-12pm

San Diego Fil-Am SDA Church

3602 Bonita Rd. Chula Vista 91910

1st Thursday of the month 10am-12pm(Open to public)

2nd Thursday of the month (unsheltered individuals only)

Most Precious Blood Church

1245 4th Ave Chula Vista 91911

Tuesday/Fridays 11am-1pm (91910, 91911, & 92154 residents)

LJC Ministries

9140 Akard St. Spring Valley 91977

1st and 3rd Thursday of the month 10:30am-12pm

SBCS: Castle Park Middle School

160 Quintard St., Chula Vista 91911

Every 2nd Wednesday of the month 3:30pm-5:30pm

SBCS: Chula Vista Middle School

415 5th Ave. Chula Vista CA 91910

Every 2nd Wednesday of the month 4pm-6pm

SBCS: Montgomery Middle School

1051 Picador Blvd. San Diego 92154

Every 2nd Wednesday of the month 1pm-3pm

SBCS: National City Middle School

1701 D Ave. National City CA 91950

Every 2nd Wednesday of the month 12:30pm-2:30pm

Community Family Activities

SDRecConnect

City of San Diego Park & Recs. Dep online activity recreation system for free or low cost activities at local rec centers.

[Sdrecreconnect.com](http://sdrecreconnect.com)

Family Resource Centers

Beacon FRC

Vista Square Elementary School

540 G St., Chula Vista 91910

Monday-Friday 8am-4pm (Closed 12pm-1pm)

New Directions FRC

Rice Elementary School

348 L St. Chula Vista 91911

Monday-Friday 8am-4pm (Closed 12pm-1pm)

Fair Winds FRC

Loma Verde Elementary School

1424 Loma Lane Chula Vista 91911

Monday-Friday 8am-4pm (Closed 12pm-1pm)

Rayo de Esperanza FRC

Otay Elementary School

1653 Albany Chula Vista 91911

Monday-Friday 8am-4pm (Closed 12pm-1pm)

Open Door FRC

Palomar High School

480 Palomar St. Chula Vista 91911

Emergency Clothing/Hygiene Products

Sharia's Closet

6244 El Cajon Blvd. Ste #5 San Diego 92115

Sharia's Closet - Emergency clothing with dignity and respect. (shariascloset.org)

(<https://www.shariascloset.org/>)

Bag of Hope - Emergency Clothing Request (google.com)

(https://docs.google.com/forms/d/e/1FAIpQLSfgnbH8iFCF-nblbZ8XSk_r ezSKWC1oQ5CUczVv-OuscDRVQ/viewform)

Free Legal Resources

USD School of law

[Free Legal Assistance - School of Law - University of San Diego](#)

(619) 260-7470

Legal Aid society

[Legal Aid Society of San Diego \(lassd.org\)](http://lassd.org)

1-877-534-2524

San Diego Volunteer Lawyer Program

Apply online @ sdvlp.org or call 619-235-5656

Housing/ Utilities Assistance

Casa Familiar

Provides Utility Discounts & rental assistance if family is getting evicted.

619-428-1115

St. Vincent

Emergency Shelters

619-446-2100

SD Rescue Mission

Emergency Shelters

619-687-3720